

Student dormitory Trsat

GENERAL MEASURES OF PREVENTION THE SPREAD OF CORONAVIRUS (COVID-19) IN THE ACCOMMODATION FACILITIES OF THE STUDENT CENTRE RIJEKA

Student centre Rijeka' s main goal is to contribute preservation of the health of all users of accommodation, Student centre Rijeka's staff and all other people.

This instructions, measures and recommendations apply to all users of accommodation (guests) in the accommodation facilities of the Student centre Rijeka: students, professors, teaching and non-teaching staff, scientists and all other guests. Dear guests, you are obliged to respect this instructions and recommendations:

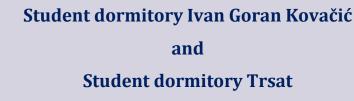
- VERY IMPORTANT: It is not allowed to use student dormitory as a place for selfisolation or quarantine. If you are prescribed self-isolation / quarantine, you must find another place to stay during self-isolation period. Please infom yourself about conditions of enty in Republic of Croatia.
- Users of accommodation must be familiar with the contents of this document.
- Users of accommodation are required to follow the instructions, recommendations and measures prescribed by this document.
- Users of accommodation are obliged to keep theirselfs informed and take all measures to prevent infection and spread of SARS-CoV-2 virus. For getting information, you are free to visit web pages as follows:

https://www.koronavirus.hr/en https://www.hzjz.hr/en/

Please get informed by using only **relevant** sources of information.

Student centre Rijeka's and users of accommodation's obligation is to respect all decisions, measures and recommendations of the Civil Protection Headquarters of the Republic of Croatia as well as other competent institutions and organizations. Also, Student centre Rijeka and users of accommodation are obliged to respect all measures and recommendations from document prepared by the Croatian Institute of Public Health and Ministry of Science and Education. You can see document on th following link:

https://www.hzjz.hr/wpcontent/uploads/2020/03/Studentski domovi 30 10 nadopunjeno.pdf



When moving in (check-in) accommodation facilities of the Student centre Rijeka, our staff will measure your body temperature. If measurement shows that you have a fever (fever means that you have a body temperature equal to or higher than 37.2 ° C), our staff will measure your body temperature once again with a standard armpit thermometer. Body temperature measured with a standard thermometer will be taken as the final result. A person with a fever will not be able to move into the accommodation facility. If you have a fever please don't enter in accommodation facility and contact doctor.

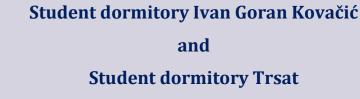
Body temperature measurement results and possible existence of respiratory symptoms will be entered in record intended for this purpose.

- You can move in the accommodation facility only on the date and time you (or another person for you) have announced to us before the arrival.
- It is strictly forbidden to enter in the accommodation facility and other facilities of the Student centre Rijeka for persons who:
 - have symptoms that may indicate that person is infected with a virus SARS-CoV-2 (fever, respiratory symptoms (cough, difficulty breathing, sore throat) and disturbance of sense of smell and taste, vomiting and diarrhea)
 - got prescribed a self-isolation measure (if you need to self-isolate, you will have find another place to stay during self-isolation period)
 - have tested positive for SARS-CoV-2 virus.

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- The receptionist will not move in a person who has not signed a Statement. By signing the Statement user of accommodation (a guest) confirms the following:
 - that he or she do not have prescribed measure of self-isolation / quarantine;
 - that he or she is familiar with all provisions of the Protection of Population from Infectious Diseases Law (NN 79/07, 113/08, 43/09, 130/17, 47/20);
 - that he or she was not in close contact with a person who has tested positive for virus SARS-CoV-2;
 - that he or she is not tested positive for SARS-CoV-2 virus;
 - that he or she have no symptoms of disease caused by the SARS-CoV-2 virus (most common symptoms: fever, respiratory symptoms (cough, difficulty breathing, sore throat etc.), disturbance of sense of smell and taste, vomiting and diarrhea);
 - that he or she is aware of prescribed preventive measures for protection against SARS-CoV-2 virus infection and that he or she comply with all the measures prescribed by the Student Centre Rijeka, Ministry of Science and Education, University of Rijeka, Croatian Institute of Public Health, Ministry of Health, etc.);
 - that he or she will immediately inform the Student Centre Rijeka in case of getting prescribed a self-isolation / quarantine measure, in case that he or she





tested positive for SARS-CoV-2 virus, in case of getting symptoms of a disease caused by a SARS-CoV-2 virus and in case of receiving information that he or she has been in close contact in the last 14 days with a person who has tested positive for SARS-CoV-2 virus.

- When moving in, users of accommodation need to bring the following: disinfectants, wipes (we recommend disposable wipes), towels (for hand washing we suggest disposable paper towels), a sufficient amount of protective masks, medical thermometer, personal hygiene products, cleaning agents, trash bags etc. Accommodation users are obliged to take care that at any time in their room they have a sufficient number of the listed funds and items.
- Users of accommodation are obliged to take care of personal hygiene and room hygiene regularly. Also, it is necessary to take care of the increased disinfection of more frequently touched surfaces in the accommodation unit.
- Cleaning of common areas in the accommodation facility as well as disinfection of frequently touched surfaces is our staff's obligation.
- Users of accommodation are obliged to keep distance from another person at least 1,5 meters (or 2 meters when possible).
- Please disinfect or wash your hands when entering in facilities of Student centre Rijeka.
- All persons entering in the facilities of the Student centre Rijeka are required to wear protective mask on a proper way. That is mandatory. Mask must cover the mouth, nose and part of the face. Mask must be positioned to the face in a way that airflow outside the mask is reduced as much as possible. Users of accommodation are obliged to wear protective mask in all common areas (laundries, kitchenettes, toilets, hallways, elevators, classrooms etc.).
- You don't need to wear protective mask in your own room, shared bathroom when brushing teeth and showering and in the dining room when you are eating.
- If possible, please move the beds in your double room so that the distance between them is at least 1,5 meters. If this is not possible, please use pillow in such a way that there is sufficient distance between the heads of the people who are sharing the room (you should put the pillow on the oposide side of beds).
- Maintain personal hygiene, change bed linen and clean and disinfect your room and surfaces in your rooms as often as possible.
- Avoid touching your face, mouth and eyes.
- Hands should be washed regularly and properly with soap and water or disinfect with
 a suitable disinfectant every time before entering dormitory and room, before and
 after food preparation, before eating meals, after using the toilet, after arriving from
 outside, after cleaning and always when hands look dirty. Please wash your hands as
 often as possible. After washing your hands with soap and water, it is necessary to use

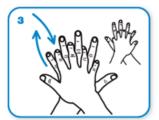


disposable paper towels to dry your hands. On the end, paper towel should be thrown in the waste bin.

 When washing your hands, follow the instructions for proper hand washing: <u>https://www.hzjz.hr/wp-content/uploads/2020/03/Pranje_ruku_.pdf</u> or just see the next picture:



Wet hands with water



right palm over left dorsum with interlaced fingers and vice versa



rotational rubbing of left thumb clasped in right palm and vice versa



dry thoroughly with a single use towel



apply enough soap to cover all hand surfaces.



palm to palm with fingers interlaced



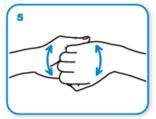
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



use towel to turn off faucet



Rub hands paim to paim



backs of fingers to opposing palms with fingers interlocked



Rinse hands with water



... and your hands are safe.

- In all accommodation facilities there are a waste sorting bins. Please separate waste and take care of the environment. Please take out the trash regularly.

Document was made by: Dinko Jurjević, Matija Leskovar and Neža Kurilić Document was updated on 17th of February 2021.



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- All users of the accommodation are obliged to measure their body temperature every morning and evening and record the measurement results.
- Periodicaly, we will do controls by measuring the body temperature of a person entering the building of the Student Centre Rijeka with a non-contact thermometer.
- You can comunicate with us via e-mail:
 - Student dormitory Trsat: <u>dom@scri.hr</u>
 - Student dormitory Ivan Goran Kovačić: <u>drazen.vukelic@scri.uniri.hr</u>
- Receptions's phone numbers are:
 - **Student dormitory Trsat**: + 385 51 584 544 or +385 99 469 6296
 - Student dormitory Ivan Goran Kovačić: +385 51 672 422 or +385 99 2653894
- At the same time in the elevator can be only one user of accommodation. If you are waiting for elevator, please avoid close personal contact with another person and keep distance at least 1,5 meters (or 2 meters when possible) from another person. Before using the elevator, please wash your hands or disinfect them with disinfectant.
- Avoid shaking hands with others people and other ways of physical contact.
- Please do not enter in room/facility if there are so many people that you can't keep recommended distance.
- At the same time in laundry room in Student dormitory Trsat can be maksimum five users of accommodation. At the same time in laundry room in Student dormitory Ivan Goran Kovačić can be maksimum one user of accommodation. Wearing protective mask, keeping physical distance and hand disinfection are mandatory. We also recommend to wear disposable gloves. It is strictly forbidden to enter more people than allowed.
- Common outdoor spaces can be used only in a way that grouping of people is possible to only those users of accommodation who is staying together in accommodation unit - room.
- Outdoor physical activity is very important but preference is given to sports and physical activity without physical contact. If this is not possible, accommodation users should play sports games only with student from the same room.
- Please ventilate your room by opening windows as often as possible you can.
- If you have a roommate, please keep the recommended distance when you are staying in the room together and wear a protective mask in proper way.
- When coughing and sneezing, cover your mouth and nose with the inside of the elbow or with tissue. After use, you need to discard tissue into the trash can and wash / disinfect your hands. When coughing and sneezing, your face should be turned away from other people.
- If user of accomodation has any symptoms of COVID-19 disease (the most common symptoms are: fever, respiratory symptoms (cough, difficulty in breathing, sore throat), altered sensations of taste and smell, vomiting,

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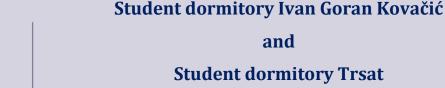
> diarrhea, muscle pain) or if to user of accommodation is prescribed selfisolation measure or if user of accommodation is positive to SARS-CoV-2 virus or if user of accommodation had close contact with person positive to SARS-CoV-2 virus, he or she IS OBLIGED IMMEDIATELY contact Student Centre Rijeka's staff by calling the following telephone / mobile phone numbers:

- if you are staying in Student dormitory Trsat: +385 51 584 544 or +385 99 469 6296
- if you are staying in Student dormitory Ivan Goran Kovačić: + 385 51
 672 422 or + 385 99 265 3894

User of accommodation must provide to Student centre Rijeka's staff all information he received from the doctor – epidemiologist. User of accommodation is obliged to inform Student centre Rijeka's staff if there is any risk of infection of other users of accommodation.

- If user of accommodation is in accommodation facility and if he or she has any symptoms of COVID-19 disease (the most common symptoms are: fever, respiratory symptoms (cough, difficulty in breathing, sore throat), altered sensations of taste and smell, vomiting, diarrhea, muscle pain) or if to user of accommodation is prescribed self-isolation measure or if user of accommodation had close contact with person positive to SARS-CoV-2 virus or if user of accommodation facility of Student centre Rijeka as soon as possible. User of accommodation is obliged to call his parent or other adult person from his household who will come as soon and possible and take him from student dormitory. Until arrival of user of accommodation will be placed in isolation room (if in accommodation facility there is available that kind of room). When leaving from student dormitory, user of accommodation and his parent / another adult person must wear protective mask and respect all prescribed measures. Important: public transport or taxi are not acceptable travel options.
- If his health condition allows, user of accommodation can leave accommodation facility alone without parent or another adult person.
- IMMEDIATELY after feeling the symptoms of disease caused by the SARS-CoV-2 virus, user of accommodation is OBLIGED to contact Student centre Rijeka's staff (reception) and call a family doctor / school doctor / epidemiologist. Doctor will tell to user of accommodation what to do and make a decision if user of accommodation need be tested or not. If doctor decides that testing to SARS-CoV-2 virus is not necessary (because the symptoms may be explained by another disease), user of accommodation can return to the accommodation facility.
- If user of accommodation:
 - has symptoms of COVID-19 disease or/and
 - has prescribed self-isolation measure or/and

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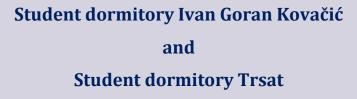
- had close contact with person tested positive to SARS-CoV-2 virus or/and
- is positive to SARS-CoV-2 virus

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and his parent or other adult **can't come** to take him out from accommodation facility and he or she is not able to leave from accommodation facility alone, user of accommodation will be placed in isolation room in student dormitory (if in accommodation facility there is available that kind of room) for a short time. After that, user of accommodation will be moved to organized quarantine in Rijeka. In case of severe health condition, we will call ambulance.

- Doctor makes a decision if user of accommodation needs to be tested or not. If doctor decides that testing is not necessary (because the symptoms may be explained by another disease), user of accommodation can return to the accommodation facility. User of accommodation can return to the accommodation facility of Student centre Rijeka in accordance with the decision of the doctor.
- Follow the guidelines for wearing the mask according to the type of mask you are using. Be sure to maintain the hygiene of the masks and ensure a sufficient number of protective masks. If you don't have a mask, you can buy it on reception or in Student shop.
- We recommend to all users of accommodation not to travel.
- When returning from the trip (outside the Primorsko-Goranska County), user of accommodation is obliged to: report returning to the reception staff, check the body temperature and sign the Statement again.
- In order to prevent the infection and spread of coronavirus, Student centre Rijeka decided to prohibit the entry of persons who are not users of accommodation in accommodation facilities of the Student centre Rijeka. In other words: visits to all users of accommodation are prohibited! In case of disrespect of this measure, user of accommodation who has received a visit will get disciplinary measure warning before losing the right to accommodation or losing the right to accommodation.
- Holding parties, celebrations, etc. in closed and open spaces and facilites of the Student Centre Rijeka is not allowed.
- It is forbidden for all users of accommodation to enter other rooms and to visit each other in rooms. If entry is necessary, users of accommodation must wear protective mask. We kindly ask the users of the accommodation to avoid each other's company as much as possible.
- Do not linger unnecessarily in hallways, stairwells and other common areas.
- Users of accommodation are not allowed to use all common areas in accommodation facilities.
- <u>Classroom</u> in Student dormitory Trsat is open every day (from Monday to Sunday) all day and night, with a break from 07:00 AM to 08:00 AM because of cleaning and



disinfection of classroom. The classroom in Student dormitory Trsat can be used only according to the schedule: user of accommodation can use only the space intended for the residents of the pavilion where he or she lives. It is not allowed to enter in the space intended for users of accommodation from other pavilions. Below you can see the maximum number of accommodation users in each part of the partitioned space of classroom:

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- The maximum number of users in the classroom area reserved for users of accommodation from pavilion 1 is 24 classroom users
- The maximum number of users in the part of the classroom reserved for users of accommodation from pavilion 2 is **20 classroom users**
- The maximum number of users in the classroom part reserved for users of accommodation from pavilion 4 is 18 classroom users

No more users are allowed to enter than prescribed. It is strictly forbidden to move tables, chairs and other inventory and equipment in classroom. During their stay in the classroom, users of the accommodation are obliged to respect all prescribed epidemiological measures and instructions (wearing a protective mask, hand disinfection, etc.). **Before entering** in classroom, user of accommodation need to write down on the record list his/her name, surname, coming date and coming time. **Before leaving** from classroom, user of accommodation need to write down leaving time. The record list is located in the space in front of classroom.

- From 14th of October 2020. classroom in Student dormitory Ivan Goran Kovačić is also open. You can get more informations about using classroom by sending an email on address: <u>drazen.vukelic@scri.uniri.hr</u>
- From 16th of February 2021. users of accommodation can use <u>gym</u>. Gym in Student dormitory Trsat is open from Monday to Saturday from 07:00 AM to 09:00 PM, with an hour long break. From Monday to Friday break will be held from 01:00 PM to 02:00 PM. On Saturday break will be held from 11:00 AM to the Noon. Gym in Student dormitory Ivan Goran Kovačić is open every day from 07:00 AM to 11:00 PM, with a break from 01:00 PM to 02:00 PM because of cleaning and disinfection. Gyms can be used only by those users of accommodation who have signed the Statement of gym usage and who respect all decisions, measures, instructions and rules contained in the "Gym rules" and in document "Recommendation for training and sports and recreational activities in indoor sports facilities":

https://www.hzjz.hr/wp-content/uploads/2021/02/Preporuke-za-%C5%A1portske-treninge-u-zatvorenom-12.2-FIN.doc

If you use shared toilets, kitchenettes, laundry room ect. please use disposable gloves.
 After use, disposable gloves should be discarded. After that, you are required to wash your hands and disinfect surfaces.



- In Student dormitory Ivan Goran Kovačić users of accommodation must use shared toilets and kitchenette located on the same floor as the user of accommodation's accommodation unit (room). When using shared toilets, please use always the same toilet, sink and shower.
- In Student dormitory Ivan Goran Kovačić users of accommodation are obliged to respect measures and instructions for using common toilets and bathrooms.
- We recommend not to share dishes, utensils hygiene supplies, etc. with other users of accommodation.
- We kindly ask students from Student dormitory Ivan Goran Kovačić not to leave food in shared kitchens and refrigerators. If that is not possible, please pack your food in bags with your name and surname.
- It is necessary to take care about disinfection of electronic equipment.
- After moving in you will receive all instructions for change bed linen and use of laundry service.
- Avoid close contact with sick people who have fever, coughing and / or shortness of breath.
- Avoid larger group of people and public gatherings.
- If you have symptoms of coronavirus infection, please do not enter into the facilities of Student centre Rijeka (accommodation facilities, food facilities, Student service facilities etc.).
- We recommend to users of accommodation to pay accommodation fee using internet banking.
- We recommend to users of accommodation to communicate via e-mail, telephone, etc. as much as possible.
- In case of connection problems, at our disposal there are instructions for connecting to the Internet. You can find it on web page of Student centre Rijeka.
- Room malfunctions need to be reported by sending an e-mail:
 - for Student dormitory Trsat: <u>ts.podrska.trsat@scri.hr</u>
 - for Student dormitory Ivan Goran Kovačić: <u>ts.podrska.igk@scri.hr</u>
- Please inform yourselves about measures in food facilities and Student service of Student centre Rijeka.
- In case of disrespect our measures, user of accommodation will get disciplinary measure warning before losing the right to accommodation or losing the right to accommodation. If you do not comply our measures, you can not get our service.
- You will be notified about new measures or change of measures.
- If you have any question, please send us an e-mail!
- Student centre Rijeka will not tolerate behavior that is contrary to the prescribed preventive measures of protection against COVID-19. Persons who

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do not comply with the measures will not be able to use the services of the Student centre Rijeka.

We would like to thank to our guests for their understanding and respect of our instructions and recommendations!